POSSIBLE SOURCES AND SITES OF ACTION OF THE NITRIC OXIDE INVOLVED IN SYNAPTIC PLASTICITY AT SPINAL LAMINA I PROJECTION NEURONS

R. RUSCHEWEYH,^a A. GORALCZYK,^{a,b} G. WUNDERBALDINGER,^a A. SCHOBER^b AND J. SANDKÜHLER^a*

^aDepartment of Neurophysiology, Center for Brain Research, Medical University of Vienna, Spitalgasse 4, A-1090 Vienna, Austria

^bNeuroanatomy and Interdisciplinary Center for Neurosciences, University of Heidelberg, Im Neuenheimer Feld 307, D-69120 Heidelberg, Germany

Abstract—The synaptic long-term potentiation between primary afferent C-fibers and spinal lamina I projection neurons is a cellular model for hyperalgesia [lkeda H, Heinke B, Ruscheweyh R, Sandkühler J (2003) Synaptic plasticity in spinal lamina I projection neurons that mediate hyperalgesia. Science 299:1237–1240]. In lamina I neurons with a projection to the periaqueductal gray, this long-term potentiation is dependent on nitric oxide. In the present study, we used immunohistochemistry to detect possible sources and sites of action of the nitric oxide necessary for the long-term potentiation at lamina I spino-periaqueductal gray neurons in rats. None of the three isoforms of the nitric oxide synthase was expressed in a significant number of lamina I spino-periaqueductal gray neurons or primary afferent C-fibers (as evaluated by staining of their cell bodies in the dorsal root ganglia). However, endothelial and inducible nitric oxide synthase were found throughout the spinal cord vasculature and neuronal nitric oxide synthase was present in a number of neurons in laminae II and III. The nitric oxide target soluble guanylyl cyclase was detected in most lamina I spino-periaqueductal gray neurons and in approximately 12% of the dorsal root ganglion neurons, all of them nociceptive as evaluated by coexpression of substance P. Synthesis of cyclic 3',5'-guanosine monophosphate upon stimulation by a nitric oxide donor confirmed the presence of active guanylyl cyclase in at least a portion of the spino-periaqueductal gray neuronal cell bodies. We therefore propose that nitric oxide generated in neighboring neurons or blood vessels acts on the spino-periaqueductal gray neuron and/or the primary afferent C-fiber to enable long-term potentiation. Lamina I spino-parabrachial neurons were stained for comparison and yielded similar results. © 2006 IBRO. Published by Elsevier Ltd. All rights reserved.

Key words: nociception, spinal cord, dorsal root ganglion, soluble guanylyl cyclase, C-fiber.

*Corresponding author. Tel: +43-1-4277-628-35; fax: +43-1-4277-628-65. E-mail address: juergen.sandkuehler@meduniwien.ac.at (J. Sandkühler). *Abbreviations:* cGMP, cyclic 3',5'-guanosine monophosphate; CTX-B, cholera toxin subunit B; DRG, dorsal root ganglion; eNOS, endothelial nitric oxide synthase; IBMX, isobutylmethylxanthine; iNOS, inducible nitric oxide synthase; ir, immunoreactivity; LTP, long-term potentiation; NDS, normal donkey serum; NK1 receptor, neurokinin 1 receptor; nNOS, neuronal nitric oxide synthase; NO, nitric oxide; NOS, nitric oxide synthase; PAG, periaqueductal gray; PB, 0.1 M phosphate buffer, pH 7.4; PBS, 0.1 M phosphate-buffered saline, pH 7.4; sGC, soluble guanylyl cyclase; SNAP, S-nitroso-N-acetyl-p,L-penicillamine; SP, substance P. The gaseous molecule nitric oxide (NO) is a cell-permeant neuromodulator that is synthesized on demand by the enzyme nitric oxide synthase (NOS). Binding of NO to its main target molecule, soluble guanylyl cyclase (sGC), induces formation of cyclic 3',5'-guanosine monophosphate (cGMP) which activates several intracellular pathways (Esplugues, 2002). NO modulates nociception at different levels of the neuraxis (see literature in Meller and Gebhart, 1993 and Hoheisel et al., 2005). In the spinal cord, both hyperalgesic and analgesic effects of NO are discussed (Hoheisel et al., 2005). A number of studies report spinal NO to be necessary for the expression of thermal hyperalgesia in animal models of long-lasting pain, but not for acute nociception (Meller and Gebhart, 1993; Osborne and Coderre, 1999).

A similar significance for long-lasting pain has been attributed to spinal lamina I neurons that express the neurokinin 1 (NK1) receptor, many of which have a projection to the brainstem, e.g. the periaqueductal gray (PAG) and the parabrachial area (Ding et al., 1995; Todd et al., 2000). Selective ablation of these neurons prevents the expression of full hyperalgesia in rat models of inflammatory and neuropathic pain, but does not affect the responses to acute noxious stimuli (Mantyh et al., 1997; Nichols et al., 1999; Khasabov et al., 2002).

We recently found a possible link between NO and lamina I projection neurons in the generation of long-lasting pain. Synaptic long-term potentiation (LTP) at nociceptive spinal synapses is a cellular model for centrally mediated hyperalgesia (Sandkühler, 2000). Consistently, LTP can be induced at synapses between primary afferent C-fibers, many of which are nociceptive, and lamina I projection neurons, but not lamina I interneurons (Ikeda et al., 2003). We have recently shown that LTP in spino-PAG neurons is dependent on synthesis of NO, its diffusion through the extracellular space and its action on sGC (Ikeda et al., in press).

The aim of the present study was to detect possible sources and sites of action of the NO necessary for the LTP at the synapse between primary afferent C-fibers and lamina I spino-PAG neurons. NO diffuses freely through cell membranes and thus can reach neurons and other cells that lie within about 100 μ m from its source (Wood and Garthwaite, 1994). It could for example be synthesized in the primary afferent and diffuse to its target in the projection neuron, as in classical anterograde transmission. Alternatively, it could be generated in the projection neuron and diffuse to the primary afferent terminal to reach its target. NO acting in this way, as a retrograde transmit-

0306-4522/06\$30.00+0.00 © 2006 IBRO. Published by Elsevier Ltd. All rights reserved. doi:10.1016/j.neuroscience.2006.04.010

ter, is involved in hippocampal LTP (Hawkins et al., 1998). As a third possibility, NO might be produced in neighboring interneurons or another type of cell and diffuse to either the primary afferent terminal or the lamina I projection neuron to find its target. E.g., in cerebellar LTD, NO produced by nearby interneurons seems to act on the postsynaptic cell (Daniel et al., 1998). We used immunohistochemistry to detect the NO synthesizing enzyme NOS and the NO target sGC in lamina I projection neurons, primary afferents and neighboring spinal cells. Presence of active sGC was confirmed by evaluating cGMP synthesis in response to an NO donor. Not only the neuronal isoform of nitric oxide synthase (nNOS), but also the endothelial and inducible isoforms (eNOS and iNOS) have been implicated in LTP induction (Hawkins et al., 1998; Constantine-Paton and Cline, 1998; Ikeda and Murase, 2004), and therefore antibodies against each of these isoforms were used.

EXPERIMENTAL PROCEDURES

Retrograde labeling of lamina I projection neurons

All procedures used were in accordance with European Communities Council directives (86/609/EEC) and were approved by the Austrian Federal Ministry for Education, Science and Culture. Every effort was made to minimize the number of animals used and their suffering. Stereotaxic injections into the brain were performed in 22 young (18-24 day-old) Sprague-Dawley rats as previously described (Ikeda et al., 2003; Ruscheweyh et al., 2004). Briefly, rats were anesthetized with a mixture of ketamine and xylazine (75 mg kg⁻¹ and 7.5 mg kg⁻¹ i.p., respectively) and placed in a stereotaxic apparatus. A small scalp cut (<1 cm) was made and a hole was drilled into the skull bone to allow insertion of the needle of a 500 nl Hamilton syringe (Hamilton AG, Bonaduz, Switzerland) into the targeted area. The animals received a single injection of one of the retrograde tracers (CM-Dil, 1.25%, 50-100 nl, Molecular Probes, Eugene, OR, USA or fluorogold, 5%, 25-50 nl, Fluorochrome, Denver, CO, USA or cholera toxin subunit B, CTX-B, 0.5%, 80-180 nl, Research Biochemicals International, Natick, MA, USA) into the right caudal and/or intermediate part of both the lateral and ventrolateral PAG, or, for comparison, into the right lateral parabrachial area, according to the coordinates obtained from the atlas of Swanson (1992). The use of different tracers was necessary because CM-Dil was not stable following certain pre-treatments necessary for immunohistochemistry. In addition, the fluorescence of fluorogold was too unstable to allow identification of double labeling in projection neurons so that fluorogold and CTX-B had to be detected with antibodies that could not be combined with every type of immunohistochemistry.

The head wound was closed with two stitches and subsequent daily inspection revealed no signs of infection. After recovery from anesthesia, the animals fed and drank normally and no pain-related behavior was observed. Three to four days after tracer injection, the spinal cord and/or the dorsal root ganglia (DRGs) were removed under anesthesia and processed for histochemistry as described below. The brain was excised, frozen in isopentane at -20 °C and 20 μ m thick cryosections were obtained to allow histological verification of the injection site. While injection sites of CM-Dil and fluorogold could be directly examined by fluorescence microscopy, CTX-B injection sites had to be detected by immunohistochemical methods as described below. Only animals where the injection site was clearly confined to either the parabrachial area or the PAG were included in the present study. Examples of equivalent injection sites that illustrate the spread of the tracer can be found in our previous papers (Ikeda et al., 2003; Ruscheweyh et al., 2004; Dahlhaus et al., 2005).

Pre-treatment of tissue for immunostaining and NADPH diaphorase histochemistry

Lumbar segments 4–6 of the spinal cord and corresponding DRGs were obtained from 30 young (21–28 day-old) Sprague–Dawley rats (22 tracer-injected and eight untreated animals) and pretreated as follows. The plane of cutting was transversal for spinal cord and arbitrary for DRGs.

Pre-treatment for immunostaining for eNOS and iNOS. After killing the rat by an overdose of ketamine/xylazine, spinal cord and/or DRGs were removed without prior fixation and immediately snap frozen in isopentane at -80 °C. Ten micrometer thick sections were cut on a cryomicrotome (Leica CM 3050, Nussloch, Germany) and mounted onto glass slides.

Pre-treatment for sGC β 1 (antibody #2, see below), substance P (SP), nNOS and fluorogold immunohistochemistry and NADPH diaphorase staining. Under deep anesthesia with ketamine/xy-lazine, rats were transcardially perfused with cold (4 °C) 0.9% NaCl followed by freshly prepared cold 2% paraformaldehyde in 0.1 M phosphate buffer, pH 7.4 (PB). Spinal cord and/or DRGs were removed and stored in the same fixative for one hour. Tissue was cryoprotected in 20% sucrose in PB overnight, then snap frozen and cryosections were obtained as described above.

Pre-treatment for sGC β_1 (antibody #1, see below) and CTX-B immunohistochemistry. Rats were perfused and spinal cords/DRGs postfixed as described above, then 20–30 μ m thick sections were cut on a vibratome (DSK Microslicer DTK-1000, Osaka, Japan).

Activation of sGC and pre-treatment for cGMP immunohistochemistry. The procedures used were similar to the cGMP detection protocols described in VIes et al. (2000). Rats that had 3-4 days previously received an injection of CM-Dil into the PAG or parabrachial area were killed by decapitation under deep isoflurane anesthesia, the lumbar spinal cord was removed and transverse, 500 μ m thick slices were cut on a vibratome and collected in incubation solution that consisted of (in mM): NaCl 124, KCl 5, KH₂PO₄ 1.3, CaCl₂ 2.4, MgSO₄ 1.3, NaHCO₃ 26, glucose 15, equilibrated with 95% O2 and 5% CO2. Slices were then preincubated in recording solution (identical to the incubation solution except for (in mM) NaCl 127, KCl 1.9 and CaCl₂ 4.3) containing 1 mM isobutylmethylxanthine (IBMX, Sigma-Aldrich) for 30 min to inhibit phosphodiesterase activity. This was followed by a 10 min exposure to the NO-donor S-nitroso-N-acetyl-D,L-penicillamine (SNAP, 200 µM, Alexis, Grünstadt, Germany) in the continued presence of IBMX. The whole procedure was conducted at 37 °C. Next, slices were fixed in cold 4% paraformaldehyde in PB for 2 h, followed by overnight storage in 20% sucrose in PB. Slices were then snap frozen and 8 μ m thick cryosections were obtained.

Immunostaining and NADPH diaphorase histochemistry procedures

Unless otherwise indicated, 0.1 M phosphate buffered saline, pH 7.4 (PBS), was used for washing of sections between incubation steps, for diluting antibodies to working concentrations and for preparation of blocking media. Two different antibodies against sGC β_1 were used and designated as #1 and #2. Secondary antibodies were applied for one hour. Please refer to the previous subsection for fixation and further pre-treatment of the issue. Omission of the primary antibodies was omitted. No or very weak bleed-through across different filters was seen when one set of primary and secondary antibody was omitted from the double or triple stainings. This weak bleed-through was clearly different from staining judged to be positive.

Double staining for $sGC\beta_1$ and CTX-B (spinal cord). Free floating vibratome sections were permeabilized with 50% ethanol for 30 min, then treated with 3% H_2O_2 for 30 min followed by 5% normal donkey serum (NDS) for 15 min. Goat anti-CTX-B (1:2000, Biotrend 2060-0004, Köln, Germany) in 1% NDS was applied overnight at 4 °C and then visualized with Cy3-coupled anti-goat IgG (1:100, Jackson Immunoresearch Laboratories, West Grove, PA, USA), followed by rabbit anti-sGC β_1 #1 (1:50, provided by H. H. H. W. Schmidt, Gie β en, Germany, characterized in Zabel et al., 1998, 1999) in 5% NDS overnight at 4 °C and then biotin-coupled anti-rabbit IgG (1:300, Amersham, Buckinghamshire, UK). Sections were incubated with Cy2-conjugated streptavidin (1:100, Jackson Immunoresearch), mounted onto glass slides and coverslipped.

For surveys of sGC β_1 staining in the absence of CTX-B, sGC β_1 was visualized by horseradish peroxidase-conjugated streptavidin (1:100, Amersham) followed by diaminobenzidine solution (6 mg diaminobenzidine (Fluka, Buchs, Switzerland) and 0.1 ml 3% H₂O₂ in 10 ml PBS).

Double staining for nNOS and fluorogold (spinal cord). Cryosections were incubated with mouse anti-nNOS (1:500, Sigma-Aldrich N2280, St. Louis, MO, USA) and rabbit anti-fluorogold (1:200, Fluorochrome, Denver, CO, USA) overnight at 4 °C. Immunostaining was visualized by FITC-coupled anti-mouse IgG (1:400, Chemicon, Temecula, CA, USA) and Cy3-coupled antirabbit IgG (1:200, Jackson Immunoreseach), respectively.

Double staining for nNOS or $sGC\beta_1$ and NeuN (spinal cord). Sections were stained for nNOS or $sGC\beta_1$ (antibody #1) as described above, followed by incubation in mouse anti-NeuN (1:500, Chemicon MAB377) in 5% NDS for one hour and visualization by Cy3-coupled anti-mouse IgG (1:200, Chemicon).

Double staining for $sGC\beta_1$ and NeuN (DRG). Cryosections were incubated overnight with rabbit anti- $sGC\beta_1$ #2 (1:1000, Cayman Chemicals 160897, Ann Arbor, MI, USA) in 5% NDS and 0.1% Triton X-100 followed by Cy3-coupled anti-rabbit IgG (1: 200). Then mouse anti-NeuN (1:500) in 5% NDS was applied for one hour and visualized by FITC-coupled anti-mouse IgG (1:400).

Triple staining for nNOS, SP and NeuN (DRG). nNOS and SP were simultaneously stained by incubating cryosections overnight in mouse anti-nNOS (1:500) and rabbit anti-SP (1:2000, Diasorin 20064, Stillwater, MN, USA) in 5% NDS and 0.1% Triton X-100, followed by FITC-coupled anti-mouse IgG (1:400) and Cy5-coupled anti-rabbit IgG (1:100, Chemicon). NeuN was visualized by application of mouse anti-NeuN antibody (1:500) in 5% NDS for 1 h followed by Cy3-coupled anti-mouse IgG (1:200).

Colocalization of $sGC\beta_1$ (antibody #2) and SP (DRG). While colocalization of most antigens was determined by double labeling, this was not possible in the case of $sGC\beta_1$ and SP, because both primary antibodies were raised in the same species. Therefore we performed single $sGC\beta_1$ and SP stainings using the protocols described above and visualizing by Cy3-coupled antirabbit IgG (1:200) and Cy2-coupled anti-rabbit IgG (1:50, Jackson Immunoresearch), respectively, on adjacent 3 μ m sections. Corresponding cells could easily be detected in the adjacent sections according to their location and morphology.

eNOS (spinal cord, DRG). Cryosections were postfixed in acetone for 10 min at -20 °C, followed by 4% paraformaldehyde in 0.1 M PB for 10 min at room temperature, washed, blocked in 5% NDS and 0.3% Triton X-100 for 2 h and incubated overnight with mouse anti-eNOS (1:10,000, BD Transduction Laboratories 610296, San Jose, CA, USA) in the same blocking solution. Cy3-coupled anti-mouse IgG (1:200) was used for visualization. This protocol was similar to that used by Töpel et al. (1998). For direct comparison with the results of Henrich et al. (2002), we additionally stained 10 μ m-cryosections of immersion-fixed (4%)

paraformaldehyde/0.2% picric acid in 0.1 M PB) DRGs with the same eNOS antibody at 1:160 and 1:1000 dilutions.

iNOS (*spinal cord, DRG*). Cryosections were incubated overnight in rabbit anti-iNOS (1:100, BD Transduction Laboratories 610332) in 5% NDS and 0.1% Triton X-100, followed by Cy3-coupled anti-rabbit IgG (1:200).

cGMP (*spinal cord*). Cryosections were incubated overnight with sheep anti-cGMP (1:5000, provided by J. de Vente, Maastricht, The Netherlands, characterized in Tanaka et al. (1997) and de Vente et al. (1998)) in 5% NDS and 0.1% Triton X-100, followed by Cy2-coupled anti-sheep IgG (1:200, Jackson Immunoresearch).

After immunostaining, sections were coverslipped in a glycerinebased antifading medium, containing Mowiol (Hoechst, Germany) and propyl gallate (Sigma-Aldrich).

NADPH-diaphorase staining (spinal cord). Ten micrometer cryosections were incubated for 1 h at 37 °C in the reaction medium, consisting of 0.1 mg/ml nitroblue tetrazoliumchloride, 1 mg/ml NADPH (both Serva, Heidelberg, Germany) and 0.3% Triton X-100 in 0.1 M PB, pH 7.4. After washing with PB, sections were dehydrated and coverslipped in DePeX (Serva).

Data acquisition and analysis

Sections were examined with an Olympus (Tokyo, Japan) microscope under epifluorescence illumination using the appropriate filter sets to identify labeled neurons. Fluorescence images were acquired with a CCD camera (Olympus DP50). AnalySIS software (Soft Imaging Systems, Münster, Germany) was used for image acquisition and measurements. For the purpose of the present study, exact quantification of the percentage of double-labeled neurons was not necessary. Therefore, profile counts were used to estimate the number of stained neurons. Retrogradely labeled spinal lamina I neurons with a projection to the PAG or the parabrachial area were examined in terms of their expression of nNOS, sGC β_1 or cGMP. The entire L4–L6 segment of every animal was used for counting, but sections were spaced 50 μ m to avoid double counting of the large projection neurons. Numbers of counted projection neurons were lower for the sGC β_1 staining because some of the sections were damaged during the repeated transfers necessary in the course of the free-floating staining procedure. Numbers were also lower for cGMP staining because this required re-sectioning of the 500 μ m vibratome slices. To estimate the proportion of lamina I neurons expressing $sGC\beta_1$ or nNOS, the number of sGC β_1 - or nNOS-positive neurons was compared with the number of NeuN-expressing neurons, where all neurons lying within a distance of approximately 25 μ m from the dorsal overlying white matter were considered to belong to lamina I. This corresponded to the zone where the tangential orientation of the neuropil typical of lamina I was seen and where the projection neurons, that are largely absent from lamina II, were found. Only neurons with a nucleus visible in the NeuN staining were counted. Here. 200-300 neurons/animal were considered sufficient and a corresponding number of sections was evaluated. In DRGs, the size of cells was determined by calculating the mean of the largest diameter and the diameter perpendicular to it. Only cells with nucleoli clearly visible in the NeuN staining were analyzed. Also here, sections were spaced 50 μ m to avoid double counting of neurons. All reasonably large DRG sections from one animal were used for the evaluation of nNOS expression because of its low incidence but only a part of the sections was evaluated for sGC staining that had a higher incidence.

All values are means±S.E.M. The non-parametric Mann-Whitney rank-sum test was used for statistical comparison.

RESULTS

Scarce nNOS immunoreactivity (ir) in spinal lamina I projection and interneurons

nNOS immunostaining in the superficial dorsal horn exhibited a characteristic bilaminar pattern with prominent fiber labeling in laminae I and III (Fig. 1A). Small stained neurons were mainly seen in laminae II and III. The proportion of lamina I neurons showing nNOS-ir was estimated by costaining with the neuronal marker NeuN, and we found that 1–3% of the lamina I neurons exhibited somatic nNOS-ir (302 and 324 cells inspected per animal, n=2 rats). Similarly, the expression of nNOS in lamina I spino-PAG neurons was very low (Fig. 1A; Fig. 1B–D shows one of the scarce nNOS-ir spino-PAG neurons, $1\pm1\%$, 75–129 cells studied per animal, n=3 rats). This result was con-

firmed by NADPH diaphorase staining ($0\pm0\%$, 27–86 cells studied per animal, n=3 rats). Throughout this study, lamina I neurons with a projection to another brainstem region, the parabrachial area, were studied for comparison. Similar to spino-PAG neurons, spino-parabrachial neurons rarely showed nNOS expression (nNOS-ir: $1\pm0\%$, 113–216 neurons studied per animal, n=3 rats; NADPH diaphorase staining: $1\pm0\%$, 82–212 neurons studied per animal, n=3 rats).

Lack of eNOS and iNOS-ir in spinal dorsal horn neurons

eNOS-ir was visible exclusively in the endothelial lining of blood vessels throughout the gray and white matter of the spinal cord (Fig. 2A,B). No iNOS-ir was detected in spinal cord with standard perfusion and fixation protocols as de-



Fig. 1. nNOS in spinal dorsal horn and lamina I projection neurons. (A) nNOS staining (green) of the dorsal horn revealed the typical bilaminar pattern with dense fiber plexus in laminae I and III and scattered small neuronal somata, mainly in laminae II and III. The two lamina I neurons retrogradely labeled from the PAG with fluorogold (red, arrowheads) do not show nNOS-ir. The neuron marked with an arrow is magnified in the inset and illustrates the typical cytoplasmic nNOS staining pattern where the nucleus (arrowhead) remains unstained. Roman numbers indicate approximate location of laminae I–III. B–D show one of the scarce nNOS-positive spino-PAG neurons. Tracer: fluorogold.



Fig. 2. eNOS and iNOS in spinal dorsal horn. A shows eNOS staining in an overview of the dorsal horn. The endothelial lining of the gray and white matter vasculature is immunopositive, but neuronal structures are not labeled. B shows an enlargement of the superficial dorsal horn. Arrow, transversally cut arteriole; arrowheads, nuclei of capillary endothelium. (C, D) iNOS is found only in laminar, vasculature-associated structures and in the lining of the central canal. (C) Overview of the dorsal horn, (D) enlargement of the region around the central canal (arrows). Arrowheads, laminar vasculature-associated iNOS-ir; asterisk, iNOS-ir in the wall of an arteriole. Roman numbers indicate approximate location of laminae I–III; gr, fasciculus gracilis.

scribed in Hu et al. (2000) and Maihöfner et al. (2000). However, preliminary experiments had shown that in thymus, which was used as a control tissue because of its high iNOS expression, the best iNOS staining was obtained using unfixed material. With this protocol, iNOS-ir was encountered in laminar structures apparently associated with the vasculature and the lining of the central canal (Fig. 2C, D). The exact nature of these laminar structures was not further investigated. No iNOS-ir was found in spinal neurons.

Many lamina I neurons, especially projection neurons, exhibit sGC β_1 -ir

When the sGC β_1 antibody #2 was used, no neuronal structures were labeled in the spinal cord (not shown). In contrast, with antibody #1, numerous neurons throughout all spinal cord laminae, including large motoneurons, exhibited sGC β_1 -ir (Fig. 3A). In superficial dorsal horn, a dense plexus of sGC β_1 -positive processes was seen,

and sGC β_1 -ir was detected in many small and some larger neuronal somata without a clear laminar preference (Fig. 3B). The proportion of lamina I neurons expressing sGC β_1 was estimated by double labeling with NeuN and amounted to 53±3% (183–254 cells inspected per animal, *n*=3 rats). sGC β_1 was also frequently encountered in spino-PAG neurons (89±4%, 14–50 neurons examined per animal, *n*=3 rats, Fig. 3D–F) and spino-parabrachial neurons (81±4%, 16–82 neurons examined per animal, *n*=4 rats, *P*=0.23 for comparison with spino-PAG neurons).

cGMP synthesis in lamina I projection neurons

Acute spinal cord transverse slice preparations were used in these experiments. Application of the NO-donor SNAP (200 μ M) in the presence of the phosphodiesterase inhibitor IBMX (1 mM) induced extensive cGMP-ir in superficial dorsal horn neurons and neuronal processes (Fig. 3C). In total, 35±6% of the spino-PAG neurons and 23±2% of the



Fig. 3. $\text{SGC}\beta_1$ and CGMP in spinal cord and lamina I projection neurons. (A) The spinal cord overview shows that $\text{SGC}\beta_1$ -ir, here visualized by DAB, is present in neurons and fibers throughout the spinal gray matter, including large motoneurons. (B) A dense $\text{SGC}\beta_1$ -ir fiber plexus and many immunoreactive neurons are present in the superficial dorsal horn. (C) After stimulation with the NO-donor SNAP, dense CGMP-ir is seen in fibers and neurons in laminae I–III. Roman numbers indicate approximate location of laminae. D–I illustrate $\text{SGC}\beta_1$ and CGMP-ir in lamina I projection neurons. Two neurons retrogradely labeled from the PAG with CTX-B (D, red) show $\text{SGC}\beta_1$ -ir (C, green) and appear yellow in the overlay (E). Arrowhead and arrow indicate two neurons retrogradely labeled from the parabrachial area by Dil (H, red). The neuron marked by the arrowhead shows cGMP-ir (G, green) and appears yellow in the overlay (I) while the neuron marked by the arrow lacks CGMP.

spino-parabrachial neurons in lamina I showed somatic cGMP-ir after this treatment (33–63 neurons examined per

animal, n=4-5 rats, difference not significant with P=0.19, Fig. 3G–I).

Scarce NOS-ir in DRG neurons

Few nNOS-ir neurons were present in lumbar DRGs (0.7%, 1341–1776 cells evaluated per animal, n=3 rats, Fig. 4A). The majority of these neurons were small (diameter $23\pm1 \ \mu$ m, n=32 cells, corresponding to the total number of nNOS-ir neurons found in the three rats) and all of them showed SP-ir (Fig. 4A–C).

Using the same protocol as for the spinal cord staining, eNOS-ir was restricted to vascular elements in DRG sections (Fig. 4D). No satellite cells or neurons exhibited eNOS-ir. In contrast, Henrich and co-workers (2002), using the same antibody, reported dot-like eNOS-ir in every DRG neuron. Using their protocol, we could see some dot-like staining, that was, however, not clearly correlated with the cytoplasm of a given neuron and not very different from the background fluorescence. The vascular eNOS staining clearly stood out against a low background using the eNOS antibody at a dilution of 1:10,000, but the dot-like staining started to become visible only at a dilution of 1:1000. Taken together, with our methods, we



Fig. 4. NOS and sGC β_1 immunoreactivities in DRGs. (A–C) Only occasional nNOS-positive neurons were found in the DRGs and all of them also showed SP-ir. (D) eNOS was confined to the vascular endothelium. Arrowhead, longitudinally cut capillary; arrow, transversally cut capillary. (E) As in the spinal cord, iNOS was limited to laminar vasculature-associated structures. Arrowhead, laminar, probably capillary-associated structure; arrow, arteriole. (F) sGC β_1 was expressed by satellite cells and also by a significant proportion of DRG neurons (arrowheads). Colocalization of sGC β_1 -ir with SP-ir was determined on adjacent slices (G) so that the neuronal shape slightly differs between F and G. Arrowheads point to corresponding cells in F and G, showing that colocalization of SP and sGC β_1 was high.



Fig. 5. Size distribution of $sGC\beta_1$ -expressing DRG cells. The size distribution was determined by measuring the diameter of $sGC\beta_1$ -positive and -negative neurons in DRGs from three animals (a total of 2273 cells counted). The total height of the bars reflects the total DRG population and shows the characteristic bimodal size distribution of DRG neurons. $sGC\beta_1$ -expressing neurons are found predominantly among the small- and medium-sized neurons.

were not able to detect a specific neuronal eNOS staining in the DRG.

Similar to the results in spinal cord, iNOS-ir was found only in laminar, vasculature-associated structures (Fig. 4E).

$sGC\beta_1$ is expressed in a subpopulation of small, SPcontaining DRG neurons

Using the sGC β_1 antibody #1, only satellite cells were stained in DRGs (not shown). In contrast, the sGC β_1 antibody #2 revealed sGC β_1 -ir both in satellite cells and in neurons. Only strongly labeled neurons were considered as immunopositive (Fig. 4F). In total, $12\pm1\%$ of lumbar DRG neurons were strongly stained for sGC β_1 (853–973 cells examined per animal, n=3 rats). The size distribution showed that mostly small or medium-sized, but also some large neurons also exhibited SP-ir (Fig. 4F, G, $90\pm2\%$, 93-99 cells evaluated per animal, n=3 rats).

DISCUSSION

This study provides a detailed immunohistochemical analysis of the distribution of the different isoforms of the NO synthesizing enzyme NOS and the NO-receptor sGC in DRGs and spinal cord, including lamina I projection neurons. The results are summarized in Fig. 6 and show that while nNOS expression was scarce in lumbar spinal lamina I and DRGs, $sGC\beta_1$ was widely expressed.

NOS immunoreactivities in spinal cord and DRGs

A previous study reported that spino-PAG neurons of adult rats do not express nNOS (Kayalioglu et al., 1999). We confirmed this result in young rat lamina I spino-PAG neurons, and found that lamina I spino-parabrachial neurons are also devoid of nNOS-ir. These results seem reliable as the overall spinal nNOS immunostaining corresponded to previous studies (Valtschanoff et al., 1992; Saito et al., 1994), and we corroborated them by NADPH



Fig. 6. Summary of results. There was very little NOS-ir located directly at the synapse between primary afferents and lamina I spino-PAG projection neurons (PN), suggesting that NO acting at this synapse comes from neighboring nNOS-ir interneurons (IN, mostly located in laminae II or III) or eNOS/iNOS-ir blood vessels. $sGC\beta_1$ was widespread in lamina I neurons, including spino-PAG neurons, and also present in a significant proportion of primary afferents. Percentages given are percent of neurons positive for the respective antigen among DRG neurons or lamina I spino-PAG neurons.

diaphorase staining. In the DRG, we found few (0.7%) but strongly stained nNOS-ir neurons, as previously reported for lumbar DRGs (Aimi et al., 1991; Zhang et al., 1993). Most of these neurons probably had nociceptive C-fiber axons, as shown by coexpression of the marker SP (Lawson, 2002).

It has been proposed that hippocampal LTP is dependent on neuronal eNOS (O'Dell et al., 1994), and eNOS expressed in primary afferents after a nerve injury seems to play a role in neuropathic pain (Levy et al., 2000). We found no eNOS-ir neurons in spinal cord. This is in line with previous studies, where eNOS-ir in spinal cord was restricted to vascular endothelium and/or astrocytes (Phul and Smith, 2000; Kim et al., 2000; Tao et al., 2004). Regarding eNOS expression in primary afferents, previous results are contradictory. eNOS-ir was found in injured but not in healthy peripheral nerve (Levy et al., 2000). In normal DRGs, some groups localized eNOS-ir only in the vascular endothelium (Zochodne et al., 2000; Keilhoff et al., 2002), but others reported that virtually every DRG neuron expresses eNOS (Henrich et al., 2002). We found eNOS in the vasculature, which proves that the antibody detected eNOS in our hands. However, we did not find eNOS in DRG neurons either with our protocol or with the protocol used by Henrich et al. (2002). However, immunohistochemistry has a limited sensitivity, and Henrich et al. (2002) confirmed their results by single-cell PCR. Thus, one cannot exclude the presence of low levels of eNOS in DRG neurons.

In spinal cord, we found iNOS-ir around the central canal and in laminar vasculature-associated structures as previously reported (Wu et al., 1998; Xu et al., 2001). The DRGs have been found to be devoid of iNOS-ir in normal rodents (Zochodne et al., 2000; Henrich et al., 2002; Keilhoff et al., 2002), but we detected some iNOS-ir in the vasculature, like in the spinal cord. Altogether, the expression of iNOS in spinal cord and DRGs under physiological conditions is weak. However, it is known that iNOS is strongly induced in the course of peripheral inflammation (Maihöfner et al., 2000; Wu et al., 2001), explaining how it can play an important role in the generation of inflammatory pain (Osborne and Coderre, 1999).

$sGC\beta_1$ -ir in spinal cord and DRGs

sGC-mediated cGMP synthesis is a major target of NO in the nervous system (Esplugues, 2002). sGC is a heterodimer molecule consisting of an α (α 1 or α 2) and a β (β 1 or β 2) subunit. The α_1/β_1 and α_2/β_1 enzymes are widespread in the nervous system, while the expression of β_2 seems to be very low (Gibb and Garthwaite, 2001; Nedvetsky et al., 2002). We therefore chose antibodies against the β_1 subunit to detect sGC.

An sGC antibody of unknown subunit specificity stains only fibers in mouse spinal cord (Maihöfner et al., 2000), but NO induces cGMP-ir in rat spinal fibers and cell bodies (Vles et al., 2000), and very recently, lamina I neurons that have the NK1 receptor and superficial dorsal horn interneurons have been reported to express sGC (Ding and Weinberg, 2006). Consistently, we found sGC β_1 -ir in neuronal processes and somata of all laminae using antibody #1. We saw no neuronal $sGC\beta_1$ -ir with antibody #2, that also reveals no spinal $sGC\beta_1$ in Western blot (Tao and Johns, 2002). Curiously, the inverse situation was encountered in the DRGs. While both $sGC\beta_1$ antibodies stained satellite cells, only antibody #2 also stained neurons. The two antibodies recognize different epitopes of the β_1 subunit (antibody #1 is directed against residues 593–614 and antibody #2 is directed against residues 188–207), but bind to the same protein in brain homogenates (Ding et al., 2004). The present results suggest that this may not be the case in spinal cord and peripheral nerves.

Previous evidence suggested the presence of sGC in DRGs. While in some studies NO-stimulated cGMP synthesis was limited to satellite cells (Shi et al., 1998; Thippeswamy and Morris, 2001), others found cGMP-ir also in some DRG neurons (Qian et al., 1996). Kummer et al. (1996) reported that sGC β_2 - and - α_2 -ir may be localized to large ganglion cells, although these results need further study. Small- and medium-sized, SP-expressing ganglion cells contain one of the cGMP targets, cGMP-dependent protein kinase I (Qian et al., 1996). We found sGC β_1 -ir in a small subgroup of ganglion cells that were also immunopositive for SP, and therefore most of them probably were nociceptive C-fibers (Lawson, 2002). Primary afferent C-fiber terminals in the superficial dorsal horn only rarely express sGC (Ding and Weinberg, 2006).

cGMP-ir in spinal cord

Presence of the sGC β_1 subunit does not necessarily mean presence of functional sGC. We used cGMP immunohistochemistry to detect active sGC. After stimulation with a concentration of the NO-donor SNAP that should be supramaximal for activation of sGC (de Saram et al., 2002; Garthwaite, 2005), only 35% of the lamina I projection neurons showed cGMP-ir in the soma as opposed to 89% that expressed sCG β_1 . This could mean that in some neurons the sGC subunits are assembled only in the neuronal processes, e.g. in synaptic contacts to primary afferent C-fibers, or not assembled at all. A dense network of dorsal horn neuronal fibers exhibited cGMP-ir after treatment with SNAP, as reported previously (Vles et al., 2000).

Differences and similarities between lamina I spino-PAG- and spino-parabrachial neurons

The PAG and parabrachial area are major projection targets of lamina I neurons (Todd et al., 2000). Most spino-PAG neurons have collaterals to the parabrachial area and thus they constitute a subgroup of the spino-parabrachial neurons, allegedly accounting for about 30% of them (Spike et al., 2003). However, both immunohistochemical and electrophysiological data suggest that spino-PAG neurons represent a distinct subclass of lamina I projection neurons. Compared with spino-parabrachial neurons, they show different levels of NK1 receptor-ir, specific firing patterns and afterpotentials, and a larger action-potentialindependent excitatory input (Spike et al., 2003; Ruscheweyh et al., 2004; Dahlhaus et al., 2005). In addition, while spino-PAG neurons express LTP at their synapses with primary afferent C-fibers only in response to a low frequency conditioning stimulation, spino-parabrachial neurons do so exclusively after a high frequency stimulation. We have recently shown that in contrast to the LTP at spino-PAG neurons, the LTP at spino-parabrachial neurons is not dependent on NO (Ikeda et al., in press). In the present study, we found that the distribution of NOS and $sGC\beta_1$ was comparable in spino-PAG and spino-parabrachial neurons, and similar levels of NO-stimulated cGMP expression showed that the NO-sensing machinery was functional in (at least part of) both types of projection neurons. The different NO-sensitivity of their LTP could thus lie either in different signal transduction pathways downstream from cGMP or in the release of different amounts of NO in response low-frequency and high-frequency stimulation. It was beyond the scope of this paper to investigate these possibilities.

Possible sources and sites of action of NO in chronic pain and spinal LTP

NO production by spinal nNOS and iNOS and upregulation of these enzymes in neurons and/or glia are involved in inflammatory and neuropathic pain (Zhang et al., 1993; Meller and Gebhart, 1993; Osborne and Coderre, 1999; Maihöfner et al., 2000; Wu et al., 2001). One possible role for NO in chronic pain could be a contribution to spinal amplification of nociceptive information, e.g. by enabling or enhancing synaptic LTP at NK1 receptor-expressing lamina I projection neurons. Indeed, *in vitro* experiments have shown that the LTP between primary afferent C-fibers and lamina I neurons with a projection to the PAG is NOdependent (Ikeda et al., in press). Importantly, spinal Cfiber-mediated LTP *in vivo* is also NO-dependent (Zhang et al., 2005; Ikeda et al., in press).

In hippocampal LTP, NO acts as a retrograde messenger, diffusing from the postsynaptic cell to the presynaptic terminal (Hawkins et al., 1998). This seems not a likely possibility for the LTP at spino-PAG neurons because their somata did not show NOS-ir, although with our methods we cannot exclude the presence of NOS in dendritic processes. Subject to the same limitation, anterograde transmission by nNOS-generated NO also seems unlikely because it would imply that the scarce (<1%) nNOS-positive primary afferents selectively contact spino-PAG neurons. However, the results of Henrich et al. (2002) suggest that anterograde transmission by eNOS-generated NO might be a possibility. Both spino-PAG neurons and a small subgroup of primary afferent C-fibers had the β_1 subunit of the NOreceptor sGC, and at least a portion of the spino-PAG neurons responded to exogenously applied NO with a measurable cGMP synthesis in the soma. Thus, from our data the most probable scenario is that the NO necessary for LTP induction comes from a source not directly related to the synapse between C-fiber and spino-PAG neuron, similar to what has been described in cerebellar synaptic plasticity (Daniel et al., 1998). NO can diffuse over several tens of micrometers (Wood and

Garthwaite, 1994). It could thus be produced by the nNOS-expressing neurons in laminae II and III, their processes in lamina I and III, or by eNOS/iNOS-expressing blood vessels. From there, it would diffuse to the synapse that is undergoing LTP, where the spino-PAG neuron and perhaps the C-fiber terminal would be possible targets (Fig. 6).

Acknowledgments—The authors wish to thank Dr. Jan de Vente for providing the cGMP antibody and for very helpful discussions. We further thank Dr. Harald H. H. W. Schmidt for providing one of the sGC antibodies and Dr. Alain Burette for advise with the sGC immunohistochemistry.

This work was supported by the Jubiläumsfonds der Österreichischen Nationalbank (Austria) and the Austrian Science Fund (FWF). The work of A.S. was supported by a DFG grant (SFB488/ A6).

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- (Accepted 4 April 2006) (Available online 24 May 2006)